

School Health Programme

Session on Substance Abuse

Delhi Public School Ghaziabad conducted a session on 'Preventing Substance Use and Abuse' for the students of class IX on September 25, 2018. The guest speaker for the session was Dr. Swati Mittal, Psychiatrist, Department of Mental Health and Behavioral Sciences, Fortis Hospital. Dr. Swati Mittal, with utmost eloquence, informed the students about Substance Abuse. She elaborated on the fact that Substance Abuse, in the form of drug addiction and alcoholism, is a cunning and baffling disease and so it is required that the students continuously remain vigilant and have unimpressionable minds. Students were informed that drugs can cause damage to a young person's brain and result in learning problems. Dr. Swati Mittal explained that people who are easily prone to Substance Abuse are those who are emotionally weak, stressed or bullied. Students whole heartedly participated in the programme.



Swachhata Pakhwada 2018

Shramdaan: A Clean Community Initiative

In order to make the students aware of their social responsibilities and instill in them the dignity of labour, Shramdaan activity was conducted in the school premises. The students of classes VII - X involved themselves in performing various tasks like cleaning their classrooms, wiping the windowpanes and cleaning the surroundings as well. Students not only enjoyed doing the activity but were also thrilled to be a part of this Swachhata Abhiyaan. This activity was a part of Swachhata Pakhwada, an initiative by MHRD.



***DPSG celebrates World Ozone Day
September 16, 2018***

“Earth without ozone is like a house without roof.”

Delhi Public School Ghaziabad in collaboration with the Social Forest Department observed World Ozone Day to create awareness towards the health hazards and ecological imbalance caused by the depletion of the ozone layer present in the atmosphere.

In 1994, September 16 was designated as *World Ozone Day* by the United Nations General Assembly. Since then, this day is celebrated as the World Ozone Day each year. This year’s theme is *Keep Cool and Carry on*.

The eminent dignitaries present on the occasion were Environmentalist Pratibha Singh, General Secretary, Ssheetal Pratham Aahar; Shri Ashok Tiwari, Regional Office, State Pollution Control Board; Shri Navratan Singh, Range Officer, Forest Department; Shri Anil Sharma, Office Superintendent, Forest Department.

Speaking on the occasion, Environmentalist Pratibha Singh emphasized on minimizing the use of modern equipments like air conditioners and refrigerators which release harmful CFC compound thereby leading to weakening of the ozone layer.

Students enthusiastically participated in painting, essay writing, poster making competitions on the theme – *Ozone Diwas par Hamara Sankalp*. A rally was also taken out to sensitize people about the importance of environment and the significant means to protect it.

Event	Category	Position	Name of the winner
Poster Making	Students	I	Ashee Bansal, VII H
		II	Ridaq Kaur, VIII B
		III	Prapti Rajput, VII B

		Consolation	Sanvi Rastogi, VII-I
Essay Writing	Students	I	Varalika Singh, IX B
		II	Kavya Jain. VII G
		III	Taniska Singh, IX K
		Consolation	Niyati Pandey
Essay Writing	Parents	I	Shri Makrand Pratap Singh
		II	Shri Ajay Kumar Kundu
		III	Shri Vishal Singh
		Consolation	Mrs Swati Garg
		Consolation	Mrs Kanha Sood

Plantation was done in the school premises. The students, along with the parents and the guests, planted saplings.

Ms Krishna Singh, Headmistress, Secondary Wing proposed the Vote of Thanks.

In all the programme was a huge success.



Congratulations!

The following students participated in the Sanskarshala competition and the result is as follows:

Category: 6-8		
Name of the student	Class/sec	Position
Nandini Agrawal	VII H	I
Nandini Goel	VII G	Consolation
Kavya Garg	VII F	Consolation

Category: 9-12		
Name of the student	Class/sec	Position
Sagnik Sen	IX D	III
Udit Vohra	IX H	Consolation